SEC For	rm 4																			
	TES	ES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549											OMB APPROVAL							
Check Section obligat Instruc	d purs	NT OF CHANGES IN BENEFICIAL OWNER										Estimated			imber: 3235-0287 ed average burden er response: 0.5					
1. Name and Address of Reporting Person [*] <u>Nielsen Jack</u> (Last) (First) (Middle) C/O HARMONY BIOSCIENCES HOLDINGS,					HR	2. Issuer Name and Ticker or Trading Symbol <u>Harmony Biosciences Holdings, Inc.</u> [HRMY] 3. Date of Earliest Transaction (Month/Day/Year)									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify below) below)				rner	
INC. 630 W. GERMANTOWN PIKE, SUITE 215						05/20/2022									6. Individual or Joint/Group Filing (Check Applicable					
(Street) PLYMOUTH MEETING PA 19462					, 4. 11	 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Line) X Form filed by One Reporting Pe Form filed by More than One Reperson 										orting Persor	n			
(City) (State) (Zip)																				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transa Date (Month/D					action	2 E ar) if	A. Deemed Execution Date, f any Month/Day/Year)		a, Tran	sactio e (Inst	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		A) or	5. Amou Securitie Benefici	nt of es ally Following d tion(s)	Form (D) o	n: Direct r Indirect Instr. 4)	7. Nature of Indirect Beneficial Jownership Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)				6. Date I Expirati (Month/	on Dat		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)		ly Dire or Ir (I) (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or Nui of	nount mber ares						
Stock Option	\$41.33	05/20/2022			Α		4,742		(1)		05/20/2032	Common Stock	ⁿ 4,	742	\$ 0	4,742		D		

Explanation of Responses:

1. The stock option shall vest in full on the earlier to occur of (i) May 20, 2023 and (ii) the date of the next annual meeting following the grant date, subject to continued service through the applicable vesting date.

/s/ Christian Ulrich, Attorney-	05/04/0000
in-fact for Jack Nielsen	05/24/2022

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.