FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20549	
------------------------	--

STATEMENT	OF CHANGES	S IN BENEFICIAL	_ OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWN STATEMENT OF CHANGES IN BENEFICIAL OWN SECTION 16 (a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Dayno Jeffrey M.					<u>H</u>	2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [HRMY]								Check	all appli Directo	cable)	ng Person(s) to I 10% (Other		
(Last) (First) (Middle) 630 W. GERMANTOWN PIKE, SUITE 215215						3. Date of Earliest Transaction (Month/Day/Year) 08/10/2021								X	below)		lical	below)	
(Street) PLYMO MEETIN	D/	A	19462		4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								Indiv ne) X	,				
(City)	(S	tate)	(Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Y				Execution Date,		ition Date,		ction Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Benefi		ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price			ction(s)			(mau. 4)	
Common Stock 08/10/202					021	21			M		9,950	A	\$8.2	22		9,950		D	
Common Stock 08/10/202				021	21			S ⁽¹⁾		9,950	D	\$30.214	.2145 ⁽²⁾		0		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed tion Date, n/Day/Year)	4. Transa Code (8)			6. Date Expira (Monti	ation D		Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)		De Se (In	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	isable	Expiration Date	Title	Amoun or Numbe of Shares						
Stock Option	\$8.22	08/10/2021			M			9,950	(3	3)	11/13/2027	Commo	ⁿ 9,950		\$0.00	93,469		D	

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$30.00 to \$30.75. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 3. The stock option is currently vested with respect to 82,777 shares, and will vest with respect to the remainder of the shares in two equal annual installments beginning on October 13, 2021.

Remarks:

/s/ Christian Ulrich, Attorneyin-fact

08/11/2021

III-Iact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.