FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
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- 1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Jacobs John C</u>				<u>H</u>	2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [HRMY]									Relationship of Reporting neck all applicable) X Director			g Person(s) to Issuer 10% Owner		
(Last)	(F	irst)	(Middle)		-	1									Officer (give title below)			Other (s below)	specify
C/O HARMONY BIOSCIENCES HOLDINGS, INC. 630 W GERMANTOWN PIKE, SUITE 215				/• I	3. Date of Earliest Transaction (Month/Day/Year) 08/15/2022								PRESIDENT, CEO						
	reet) LYMOUTH PA 19462 IEETING				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indi Line)	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)																
		Tab	le I - N	lon-Deri	vativ	e Sec	urit	ies A	cquir	ed, D	isposed o	f, or B	enefic	ially	Owned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye					Execution Date,				4. Securities Disposed Of			Benefici Owned		es ally Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
										v	Amount	(A) or (D)	Price			orted saction(s) tr. 3 and 4)			(Instr. 4)
Common Stock 08/15/202				2022	22			М		40,000	A	\$8.	22	2 40,000			D		
Common Stock 08/15/202				2022	22			S ⁽¹⁾		39,091	D \$51.0		542(2)	909			D		
Common Stock 08/15/202				2022	122					909	D	\$51.7	636(3)	6(3)		0			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise (Month/Day/Year) Execution Date, if any (Month/Day/Year) Execution Date, if any (Month/Day/Year) 8		4. Transa Code (8)			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date			7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4) Amo or Num of Title Shar		unt	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			

Explanation of Responses:

Stock

Option

 $1. \ The \ sales \ reported \ in \ this \ Form \ 4 \ were \ effected \ pursuant \ to \ a \ Rule \ 10b5-1 \ trading \ plan.$

08/15/2022

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$50.56 to \$51.54. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

40,000

- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.56 to \$52.05. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in
- 4. The stock option vests in five equal annual installments beginning on October 1, 2018.

/s/ Christian Ulrich, Attorneyin-Fact

40,000

08/16/2022

114,751

D

Stock

10/02/2027

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.