FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasimigton,	D.O.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Dierks Jeffrey					Ha	2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [HRMY]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
					_ HF										Directo			10% Ov	· I		
(Last)	(Fi	irst)	(Middle))											Officer below)	(give title		Other (s below)	specify		
` ,	630 W. GERMANTOWN PIKE, SUITE 215					3. Date of Earliest Transaction (Month/Day/Year) 01/06/2022									Chief Commercial Officer						
(Street) PLYMOUTH PA 10462						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
MEETING, PA 19462															X Form filed by One Reporting Person						
(City)	(S	tate) ((Zip)		-										Form filed by More than One Reporting Person						
		Tab	le I - 1	Non-Deriv	vative	Sec	urit	ies A	cquir	ed, D	isposed o	of, or B	enefi	cially	Owned	i					
1. Title of Security (Instr. 3) 2. Transactic Date (Month/Day/					Execut Year) if any		Deemed cution Date, y nth/Day/Year)		action (Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Benefic Owned		es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	mon Stock 01/06/20		022	22					6,125	Α	\$8	.22	6,	125	D						
Common	mon Stock 01/06		01/06/2	022)22					1,399	D	\$39.5	972 ⁽²⁾	4,	,726		D				
Common	non Stock 01/06		01/06/20	022	22			S ⁽¹⁾		4,302	D	\$40.5	0.5345(3)		424		D				
Common	Stock		01/06/2022		022	2		S ⁽¹⁾		424	D	\$41.2	\$41.2309(4)		0		D				
		Т	able I								sposed of				wned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		if any	emed tion Date,	4. Transaction Code (Instr. 8)						cisable and	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)		rity 8.	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Securities Geneficial Owned Following Reported Transactic (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amo or Num of Shar	ber							
Stock Option	\$8.22	01/06/2022			M			3,690	(5)	10/02/2027	Commo: Stock	ⁿ 3,6	90	\$0	9,739		D			
Stock	\$8.22	01/06/2022			M			2,435	(6)	10/01/2028	Commo	ⁿ 2,4	35	\$0	4,869		D			

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$39.05 to \$40.04. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$40.07 to \$41.02. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$41.08 to \$41.39. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in
- 5. The stock option is currently vested with respect to 0 shares, and will vest with respect to the remainder of the shares on October 1, 2022.
- 6. The stock option is currently vested with respect to 0 shares, and will vest with respect to the remainder of the shares in two equal annual installments beginning on October 1, 2022.

/s/ Christian Ulrich, Attorney-01/10/2022 in-fact for Jeffrey Dierks ** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.