FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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Name and Address of Reporting Person* Dayno Jeffrey M.					<u>H</u>	2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [Director 10% Owner															
					- ^{HI}	HRMY]										(give title		Other (specify below)			
(Last) 630 W. C	(First) (Middle) ERMANTOWN PIKE, SUITE 215					3. Date of Earliest Transaction (Month/Day/Year) 10/19/2021									Chief Medical Officer						
(Street) PLYMOUTH PA 19462						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
MEETING PA 19402															Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)																		
		Tab	le I - I	Non-Deriv	vativ	e Sec	curit	ies A	cquire	ed, D	isposed o	f, or B	enefic	cially	Owned						
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day					Execution Date,		Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			i 5)	5. Amou Securition Benefici Owned I Reporte	es ially Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common Stock 10/19/3				10/19/2	021	21		M		14,099	A	\$8	.22	14	1,099		D				
Common	Stock			10/19/2	021				S ⁽¹⁾		14,099	D	\$43.1	3.1262(2)		0		D			
Common	Stock			10/19/2	021				M		4,101	A	\$8	\$8.22		4,101		D			
Common	Stock			10/19/2	021				S ⁽¹⁾		4,101	D	\$43.7	714(3)	(3) 0 D						
		-	Table								posed of,				wned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date,	4. Transa Code (8)	action	5. Number of		6. Date Exe Expiration I (Month/Day		cisable and	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		ount 8.	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ON S FO Di Or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amo or Num of Shar	ber							
Stock Option	\$8.22	10/19/2021			M			14,099	((4)	11/13/2027	Common Stock	14,0)99	\$0	57,570)	D			
Stock Option	\$8.22	10/19/2021			M			4,101	(4)	11/13/2027	Common	4,1	01	\$0	53,469	9	D			

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$42.65 to \$43.63. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$43.70 to \$43.99. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this
- 4. The stock option is currently vested with respect to 62,082 shares, and will vest with respect to the remainder of the shares in two equal annual installments beginning on November 1, 2021.

/s/ Christian Ulrich, Attorneyin-fact

10/20/2021

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.