FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.	C. 20549
----------------	----------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average	burden									
hours per response	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

						_			_		_			_						
Name and Address of Reporting Person* Dierks Jeffrey						2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [HRMY]									(Ch	eck all appli Directo	son(s) to Iss 10% Ov Other (s	vner		
(Last) (First) (Middle) C/O HARMONY BIOSCIENCES HOLDINGS,						oate o		st Trans	sactio	ion (Mo	nth/E	Day/Year)		X below) below) CHIEF COMMERCIAL OFFICE						
INC. 630 W GERMANTOWN PIKE, SUITE 215					4. If	Ame	ndment	, Date	of Or	riginal F	iled	(Month/D	Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street) PLYMOUTH PA 19462				Ri	Form filed by More than One Reporting Person Rule 10b5-1(c) Transaction Indication															
MEETING (City) (State) (Zip)					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Tab	le I - Nor	า-Deriv	ative	Sec	curitie	es Ac	qui	ired, [Disp	osed o	of, or E	ene	eficial	ly Owne	d			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						ay/Year) Execution if any		A. Deemed xecution Date, any Month/Day/Year)		Transaction Dispose Code (Instr. 5)		ities Acqu d Of (D) (l			Benefic Owned	es ially Following	Form (D) o	n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) (D)	or	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)			
Common Stock 03/08/							/2024			M		194	1	1	\$8.22	2 1	194		D	
Common Stock 03/08/					/2024			S ⁽¹⁾			194	D \$32		\$32 ⁽²	(2) 0		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)				6. Date Exercisabl Expiration Date (Month/Day/Year)			Amount of			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exer	e rcisable		opiration	Title	or No of	umber					
Stock Option	\$8.22	03/08/2024			M			100		(3)	10)/01/2029	Common	1	100	\$0	2,335		D	
Stock Option	\$8.22	03/08/2024			M			94		(4)	03	3/04/2030	Commo	1	94	\$ 0	14,513	3	D	

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. These shares were sold in a single transaction at a selling price of \$32.00. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- 3. The stock option vests in five equal annual installments beginning on October 1, 2019.
- 4. The stock option vests in five equal annual installments beginning on March 1, 2021.

/s/ Christian Ulrich, Attorneyin-Fact

03/11/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.