FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.	.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Dierks Jeffrey  (Last) (First) (Middle)						2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [ HRMY]									pplical ector		g Pers	on(s) to Issuer 10% Owner Other (specify below)	
(Last) C/O HAI INC.		3. Date of Earliest Transaction (Month/Day/Year) 10/03/2022									- CHIEF COMMERCIAL OFFICER								
630 W GERMANTOWN PIKE, SUITE 215  (Street) PLYMOUTH MEETING PA 19462  (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line)      X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
		Tab	le I - I	Non-Deri	vative	e Sec	urit	ies A	cquire	d, D	)isposed o	of, or B	eneficia	Ily Owi	ned				
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/N				Execution Date,			3. Transaction Code (Instr. 8)					nd 5) Securit Benefic Owned		lly ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Trai	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 10			10/03/2	022				М		12,173	Α	\$8.22	.22		12,173		D		
Common	ommon Stock 10/03/2			.022	22		<b>S</b> <sup>(1)</sup>		9,382	D	\$44.447	4472(2)		2,791		D			
Common	Stock	10/03/20			.022	22			<b>S</b> <sup>(1)</sup>		2,791	D	\$45.472	(3)	0			D	
		7	able								sposed of s, converti			y Owne	ed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	eemed tion Date, h/Day/Year)	4. Transa Code ( 8)		of Deri Sec Acq (A) o Disp of (I	oosed D) tr. 3, 4	6. Date Exerc Expiration Da (Month/Day/\)		ate	7. Title a Amount Securitie Underlyi Derivativ (Instr. 3	of es ng re Security	8. Price Derivati Security (Instr. 5	ve d / S ) B C F R	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares						
Stock Option	\$8.22	10/03/2022			M			9,739	(4)	)	10/02/2027	Commor Stock	9,739	\$0		0		D	
Stock Option	\$8.22	10/03/2022			M			2,434	(5)		10/01/2028	Commor	2,434	\$0		2,435		D	

## **Explanation of Responses:**

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$43.93 to \$44.91. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$44.97 to \$45.75. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in
- 4. The stock option vests in five equal annual installments beginning on October 1, 2018.
- 5. The stock option vests in five equal annual installments beginning on October 1, 2019.

/s/ Christian Ulrich, Attorney-

10/04/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.