FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to
Section 16. Form 4 or Form 5 obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	Ha	2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [HRMY]										5. Relationship of Reportin (Check all applicable) Director Officer (give title			g Person(s) to Issuer 10% Owner Other (specify					
(Last) (First) (Middle) 630 W. GERMANTOWN PIKE, SUITE 215						3. Date of Earliest Transaction (Month/Day/Year) 07/22/2021										X Officer (give title Officer Specify below) Chief Medical Officer				
(Street) PLYMOUTH MEETING PA 19462 (City) (State) (Zip)				4. If											i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(Oity)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						2/ E: ar) if	2A. Deemed Execution Date, if any (Month/Day/Year		<u>.</u>	3. Transaction Code (Instr.		4. Securities Acquired (A)		I (A) or	5. Amou Securiti Benefici	int of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
										Code	v	Amount		(A) or (D)	Price	Transac (Instr. 3	tion(s)			(11150.4)
Common Stock 07/22/2						2021				M		50 A		Α	\$8.2	2	50		D	
Common Stock 07/22/										S ⁽¹⁾		50		D	\$30		0		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (I 8)		of		Exp	Date Exe piration pnth/Day	Date	ble and	Amo Secu Unde Deriv	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersi Form: Direct (I or Indire (I) (Instr.	Ownership	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Dat Exe	e ercisabl		opiration	Title	O N	Amount or Number of Shares					
Stock Option	\$8.22	07/22/2021			M			50		(2)	11	/13/2027	Com		50	\$0.00	103,41	.9	D	

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The stock option is currently vested with respect to 82,777 shares, and will vest with respect to the remainder of the shares in two equal annual installments beginning on October 13, 2021.

Remarks:

/s/ Christian Ulrich, Attorneyin-fact

** Signature of Reporting Person Date

07/23/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.