FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

washington,	D.C.	20549	

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Nielsen Jack				Ha	2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc. [5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last)	(Fi	rst)	(Middle)		HR	HRMY]								Δ		(give title		Other (specify below)	
C/O HARMONY BIOSCIENCES, INC. 630 W. GERMANTOWN PIKE, SUITE 215					3. Date of Earliest Transaction (Month/Day/Year) 08/18/2020														
(Street) PLYMO MEETIN	D/	1	19462		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line)	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(Si	tate)	(Zip)																
		Tab	le I - Nor	า-Deriv	ative	Sec	curitie	s Ac	quired,	Dis	osed o	of, or Be	nefi	cially	/ Owned	l			
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date)				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				4 and Securitie Benefici		es ally Following	Form: (D) or	m: Direct or Indirect Instr. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount (A) or (D)		r Pr	ice	Transaction(s) (Instr. 3 and 4)				Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year)		Date,		ransaction of ode (Instr. Derivative		tive ties ed	6. Date Exercisable and Expiration Date (Month/Day/Year) (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Sect (Instr. 3 and 4)				of S Ig e Secu	8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	y [0	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	Amo or Num of Shar	ber					
Stock Option	\$24	08/18/2020			A		9,012		(1)	0	8/18/2030	Common Stock	9,0	12	\$0.00	9,012		D	

Explanation of Responses:

1. The stock option shall vest in three equal annual installments beginning on August 21, 2021.

Remarks:

/s/ Stephanie Wisdo, Attorneyin-fact for Jack Bech Nielsen

08/20/2020

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.