FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPRO	JVAL
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Jacobs John C (Last) (First) (Middle) 630 W. GERMANTOWN PIKE, SUITE 215					- H H 3.	2. Issuer Name and Ticker or Trading Symbol Harmony Biosciences Holdings, Inc.														
(Street) PLYMOUTH MEETING PA 19462					4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X	·					
(City)	(S	tate)	(Zip)																	
		Tab	le I - N	lon-Deri	vativ	e Sec	urit	ies A	cquire	ed, D	isposed o	f, or B	enefi	cially	Owned					
Date			2. Transac Date (Month/Da		Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and		5. Amount Securities Beneficial Owned Fo Reported		s Form: ally (D) or ollowing (I) (In:		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D)	Price		Transac (Instr. 3	ction(s)			(Instr. 4)	
Common Stock 03/14/20			2022	22		M		25,000	A	\$8	.22	25	25,000		D					
Common Stock 03/14/20			2022	22		S ⁽¹⁾		12,456	D	\$42.0	\$42.0577 ⁽²⁾		12,544		D					
Common Stock 03/14/20			2022	22		S ⁽¹⁾		11,614	D	\$42.6	\$42.6618 ⁽³⁾		930		D					
Common Stock 03/14/202			2022	22		S ⁽¹⁾		930	D	\$43.47(4)		0			D					
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3) 2. Conversion Date Of Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date Execution Date (Month/Day/Year) Date Of Date Of Derivative Security 3. Transaction Date Of Date Of Date Of Date Of Date Of Derivative Of Derivative Of Derivative Of Derivative Of Date Of Derivative Of Derivative Of Derivative Of Date Of Derivative Of Date Of Derivative			ion Date,		ransaction Code (Instr.				6. Date Exercisable at Expiration Date (Month/Day/Year)		7. Title and Am of Securities Underlying Derivative Secu (Instr. 3 and 4)		D S	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	le V (A)	(A)	(D)	Date Exerc	isable	Expiration Date	Title	Amo or Num of Sha	nber						
Stock Option	\$8.22	03/14/2022			M			25,000	(5)		10/02/2027	Common Stock 25,00		000	\$0	209,751		D		

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$41.34 to \$42.33. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$42.34 to \$43.33. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$43.35 to \$43.77. The reporting person undertakes to provide the Issuer, any securityholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote
- 5. The stock option vests in five equal annual installments beginning on October 1, 2018.

/s/ Christian Ulrich, Attorney-

03/16/2022

in-fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.